

CHECKLIST FOR CHILDREN BIRTH-6

- Birth Certificate:** Obtain your child's birth certificate and keep it safe & available.
- Social Insurance Number (SIN):** Apply for your child's SIN which may be needed to receive government benefits & services.
- The Canada Child Benefit (CCB):** Apply for the Canada Child Benefit (CCB).
- Immunization/Vaccination Records:** Keep current vaccination records for your child.
- Specialized Programs/Services:** Complete the application process if needed.
 - Infant Development Program (IDP):** IDP is a family-centred, home visiting program for children, *birth to 3 years of age*, experiencing or at risk for a developmental delay.
 - Supported Child Development Program (SCD):** SCD works collaboratively with families, childcare providers & other community professionals to ensure that children (*birth to 19 years of age*) with support needs can be included fully in the childcare settings of their families' choice.
 - Aboriginal Infant Development Program (AIDP) & Aboriginal Supported Child Development Program (ASCD):** AIDP & ASCD are family-centred, home and childcare based programs for Indigenous children (*birth to 19 years of age*) who have a diagnosis, developmental delay or who are at risk for delay. They provide culturally sensitive service through home visits, childcare consultation and family support.
- Early Years Family Navigators | Birth - 6 years of age:** Connect with Langley Early Years Family Navigators for information and support.
- Child Care Resource & Referral (CCRR) Program:** Contact the Langley CCRR office (604) 533-4425 for free consultation, support, help with affordable child care benefit applications & referrals.
- Social Groups/Playgroups:** Involve your child in social activities. Participate in various social/play groups offered by ILS and other community organizations in Langley.
- Diagnosis:** If your child demonstrates signs that they have developmental or support needs, ask your doctor for a referral for an assessment. An assessment will allow you to better understand your child's needs. It is common there is waitlist for the assessment.
- Things to do while waiting for a diagnosis:**
 - Gather specific information about your child for the assessment.
 - Connect with local child development experts for support. If eligible, access Early Childhood Intervention Program.
- Things to do after the confirmed diagnosis:**
 - Learn about funding eligibility, availability and options and apply.
- Speak with your MCFD/CYSN social worker and apply for specialized programs/ services if eligible.
- Learn about your child's needs and how to support them to develop their capabilities and enjoy success.
- Disability Tax Credit (DTC):** Apply for DTC if eligible. Being eligible for the DTC can open the door to other programs such as [RDSP](#) & [CDB](#). Please note:
 - Your child's DTC eligibility may expire and need to re-apply. CRA will send you notifications if you need to reapply.
 - When you are approved for your child's DTC & CDB, you will be able to claim the disability amount & receive CDB retroactively up to 10 years by making an adjustment request for your tax returns.
- Registered Disability Savings Plan (RDSP):** Open [RDSP](#) if eligible.
- Registered Education Savings Plan (RESP):** Open RESP if it is a good fit for your child.
- Social Network:** Begin developing a network of friends and supports for your family.
- Self-Care for a Family:** Don't forget to find ways to rest & renew from daily demand.
- Financial Planning:** Begin financial planning early to assist your child in the future.
- ALL ABOUT ME Binder:** Start a binder to gather and organize your child's documentation & information (assessments & medical reports, correspondences) in one place, making it readily available for meetings, appointments, filling out forms, etc. Please call ILS at 604-534-8611 to learn how to start your child's ALL ABOUT ME binder.
- Preschool | around ages 3-4:** If appropriate, research preschools and education options and enroll your child by the deadline.
- Kindergarten:** Research schools and register your child with the kindergarten. During the registration process, inform the school staff that your child has support needs.
- Preparing for School:** Plan a transition meeting with your school and invite your child's home based team to the meeting.
 - Familiarize yourself with IEP.
 - Review & update your child's ALL ABOUT ME binder with the latest reports & documentations.
 - Make a list of questions to ask.
- Transition School Meeting:**
 - Be prepared to ask/answer questions.
 - Consider inviting someone you trust to help take notes and give you support.
- Get Involved:** Consider participating in your school's PAC and/or attend family support groups & workshops in your community.

5 TIPS THAT MAY BE HELPFUL FOR YOUR FAMILY

1

Make self-care a family priority: Take a break from caregiving responsibilities when possible using DTC/CDB benefits and/or respite benefits (if available). The more rested and restored you are, the more patient and proactive you can be as a parent!

2

Create a vision for your child: Develop a vision & set realistic goals as early as possible based on your child's strengths, interests and preferences. As your child grows and changes, review & update the vision & goals as needed.

3

Build strong support networks: Develop, expand and nurture a network of friends & supports for your family. The value of networking and sharing stories and experiences can help everyone.

4

Get organized: Start ALL ABOUT ME binder & keep all of your child's reports & information in the binder for future reference. Always ask for written reports of important information about your child & update the binder as needed.

5

Get involved: Consider joining & volunteering at community organizations that are involved with your child. Attend workshops or family groups so that you are ready to advocate for the needs of your child and your family.