



# Langley Early Years Hubs



# Langley Early Years Hubs

Langley has 4 Early Years Hub locations that provide a variety of early learning, cultural, and drop-in programs for families with children birth – 6 years.

Our hubs also have information, resources and supports for families, as well as a **Family Navigator**.

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(These agencies work with  
all Early Years Hubs)

## Follow us!

[leyc.ca](http://leyc.ca)



@langearlyyears



@langleyearlyyears

# What's an Early Years Family Navigator?

**An Early Years Family Navigator works one-on-one with families to provide information and supports to meet the needs of your family.**

## What can they do?

- Help find programs for you to attend with your children
- Assist with finding childcare
- Filling out paperwork and/or referrals
- Finding early intervention supports for your child with extra needs
- Help with access to food and housing needs
- Services for emotional and physical health
- Assist with connecting to other community agencies, programs, workshops and events

They can meet with you in the community, at one of the Early Years Hubs or at your home. They can also connect by email, phone or text!

**Please contact an Early Years Family Navigator for more information at 604-308-1584.**


# Aldergrove Early Years Hub

Aldergrove  
Family Place  
27330 28th Avenue,  
Aldergrove  
604-856-1664  
*(in a portable on Shortreed  
Elementary School property)*

## Programs and Services

### Aldergrove Family Place Drop-in

FREE program for children 0-6 years and their parent/guardian.

 [encompass-supports.com](https://encompass-supports.com)


### Best Babies (birth – 12 months)

- **Individualized Support**

One-on-one support during pregnancy and up to 3 months after birth.

- **Lunch Club/Group Sessions**

Drop-in sessions available to expectant and postnatal women until their babies reach one year.

 [encompass-supports.com](https://encompass-supports.com)

### YWCA Single Moms Group

Weekly group meetings connect single moms in the community for peer support, resources and information. Registration required.

 [ywcavan.org/programs/single-mothers-support-services](https://ywcavan.org/programs/single-mothers-support-services)


## Child Immunization Clinic

Drop-in to weigh and measure your child. Immunizations are by appointment only. Call 604-476-7087 to book.

 [fraserhealth.ca](https://www.fraserhealth.ca)

## Community Outreach for Parents

Outreach staff can assist parents with young children to connect with resources and services they are seeking.

 [encompass-supports.com](https://www.encompass-supports.com)

## Little Feathers Aboriginal Playgroup

FREE drop-in playgroup for Aboriginal (Self-Identified, Status, Non-Status) children aged 0-6 years and their caregivers.

 [lfvas.org](https://www.lfvas.org)



# Langley City Early Years Hub

Douglas  
Recreation Centre  
20550  
Douglas Crescent,  
Langley City  
☎ 604-514-2865

## Programs and Services

### City of Langley – Parks and Recreation

- Prenatal Music Class
- Roaming Rascals
- Parent and Tot Programs
- Art for 2's
- Active Start: Floor Hockey, Soccer, Multi-Sport
- Preschool (3–5 years) Art, Dance, Social Development & Sports

 [langleycity.ca](http://langleycity.ca)

### Best Babies (birth – 12 months)

- **Individualized Support**  
One-on-one support during pregnancy and up to 3 months after birth.
- **Lunch Club/Group Sessions**  
Drop-in sessions available to expectant and postnatal women until their babies reach one year.

 [encompass-supports.com](http://encompass-supports.com)

## **StrongStart**

FREE play-based drop-in program for children 0-5 years and their parents or guardians.

9:00am-12:00pm, Douglas Park Community School

 [sd35.bc.ca](https://sd35.bc.ca)

## **Baby Talk Drop-in**

A casual drop-in environment where babies (0-12 months), parents, and soon-to-be parents can play and learn.

 [www.leyc.ca](https://www.leyc.ca)



# Langley City Early Years Hub

Langley  
Community Services


5339 207 Street,  
Langley

☎ 604-534-7921

## Programs and Services

### Family Place South Drop-in

FREE program for children 0–6 years and their parent/guardian.

 [lcss.ca/programs-and-services](https://lcss.ca/programs-and-services)

### Parenting Education & Outreach

FREE confidential in-home or onsite support, education and counselling.

 [lcss.ca/programs-and-services](https://lcss.ca/programs-and-services)

### Settlement & Integration Services

FREE Early Learning Program for refugee/newcomer children aged 0–6 years and their parent/care providers. Includes Parenting in Canada, Health and Nutrition, Newcomer Best Babies, Creative Art, Environment Program and more.

 [lcss.ca/programs-and-services](https://lcss.ca/programs-and-services)



## Parent Education and Workshops

Offers free workshops on an ongoing basis.

 [lcss.ca/programs-and-services](https://lcss.ca/programs-and-services)

## Poverty Law Program

The goal of this program is to ensure fair access to income support and services through information, referrals, supports and one-on-one advocacy in the following areas: Income Assistance, housing, Federal Income Benefits, Public Legal Education (PLE), resources and referrals.

 [lcss.ca/programs-and-services/povertylaw/](https://lcss.ca/programs-and-services/povertylaw/)



# Willoughby Early Years Hub

Willoughby  
Elementary School  
20766 80th Avenue,  
Langley

☎ 604-308-1584

*(inside the school, and in  
a portable on the property)*

## Programs and Services

### Baby Talk Drop-in

A casual drop-in environment where babies (0–12 months), parents, and soon-to-be parents can play and learn.

 [www.leyc.ca](http://www.leyc.ca)

### Child Immunization Clinic

Drop-in to weigh and measure your child. Immunizations are by appointment only. Call 604-476-7087 to book.

 [fraserhealth.ca](http://fraserhealth.ca)

### Creative Art & Conversation Circle

This program is designed for permanent resident, refugee, and newcomer children aged 0–6 years and their parent/care provider who have multiple barriers to integration.

 [lcss.ca/programs-and-services](http://lcss.ca/programs-and-services)

### Family Place North Drop-in

FREE program for children 0–6 years and their parent/guardian.

 [lcss.ca/programs-and-services](http://lcss.ca/programs-and-services)

### **Infant Development Playgroup**

The infant development programme helps families with children 0–3 years who have a diagnosis, a developmental delay, or are at risk for a delay in one or more skill areas. Referral required.

 [inclusionlangley.com](http://inclusionlangley.com)

### **Little Feathers Aboriginal Playgroup**

FREE drop-in playgroup for Aboriginal (Self-Identified, Status, Non-Status) children aged 0–6 years and their caregivers.

 [lfvas.org](http://lfvas.org)

### **Pacific Post Partum Support Group**

A weekly support group for women experiencing pre or post partum depression, anxiety and/or adjustment. Childcare is provided.

 [postpartum.org](http://postpartum.org)

### **Spanish Family Time Drop-in**

This free drop-in program provides Spanish families with a local avenue to meet with other families within their community.

 [encompass-supports.com](http://encompass-supports.com)

### **StrongStart**

FREE play-based drop-in program for children 0–5 years and their parents or guardians. 1:00–4:00pm, Willoughby Elementary School

 [sd35.bc.ca](http://sd35.bc.ca)

### **YWCA Baby and Me Single Mothers Support Group**

A peer-supported group for expectant single mothers (or who have a baby under 18 mos.). A great way to gain resources and connections. Group is continuous intake, a referral is required (moms may self-refer). Free childminding available for older siblings.

 [ywcavan.org/programs/single-mothers-support-services](http://ywcavan.org/programs/single-mothers-support-services)

# Community Support Agencies

We have several community support agencies that work across all 4 Early Years Hubs

## Childcare Information

### Child Care Resource and Referral

Langley Community Services Society

20577 Fraser Hwy., Langley

 604-533-4425

 [childcarechoices.ca](http://childcarechoices.ca)

 [lcss.ca](http://lcss.ca)

Free consultation, support, assistance with childcare subsidy applications and referral services to parents seeking childcare in Langley.



## Early Intervention Supports

### Family Smart™

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 604-878-3400  
 [familysmart.ca](http://familysmart.ca)

- Supporting children, youth, young adults and their families with mental health challenges.
- **FamilySmart™ Parents In Residence (PiR)**  
Provides peer support, mentoring, system navigation and access to information, resources, networks and education.

- **Transition to Parenthood (T2P)**  
Resources for new parents and young adults who are becoming new parents, all of whom have struggled with their mental health.

### Family Support Institute

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 604-540-8374  
 [familysupportbc.com](http://familysupportbc.com)

- Family Support for those caring for people with disabilities
- Peer-to-Peer support with resource parents in your community

### Inclusion Langley - Child Development Services

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203 – 5171 221A St., Langley

 604-534-1155  
 [inclusionlangley.com](http://inclusionlangley.com)

- **Infant and Supported Child Development Programmes**
- **Aboriginal Infant and Supported Child Development Programmes**

*We gratefully acknowledge that our work takes place on the traditional and unceded territories of the Katzie, Kwantlen, Matsqui, and Semiahmoo First Nations.*

## Family Supports and Programs

### Child & Youth Mental Health (Early Childhood)

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#120 – 20434 64th Ave., Langley



 604-514-2711

- Early Childhood Mental Health Clinicians
- Mental Health Walk-in Intake Clinics  
Wednesdays  
(8:30am-3:30pm)

### Encompass Support Services Society

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20618 Eastleigh Cres., Langley

 604-534-2171  
 [encompass-supports.com](http://encompass-supports.com)

- Community Outreach Worker
- Pregnant and Parenting Youth

### Fraser Valley Regional Library – City and Township of Langley

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 604-514-2850  
 [fvrl.bc.ca](http://fvrl.bc.ca)

- Library Storytime
- Babytime

### Langley Community Services Society

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5339 207 St., Langley

 604-534-7921  
 [lcss.ca](http://lcss.ca)

- Community Counselling
- Family Success Program
- Family Connections
- Employment Services
- Refugee Settlement and Integration Program  
(Refugee Claimants)

### Immigrant Services Society

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#204-20621 Logan Ave., Langley

 604-510-5136  
 [issbc.org](http://issbc.org)

The newcomer services' multi-lingual staff helps families settle, make new friends, and understand their new life in Canada.

## La Leche League Langley

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 [lllc.ca/lllc-langley](https://lllc.ca/lllc-langley)

A community for breastfeeding moms. We offer breastfeeding supports, resources and information, free monthly meetings, and telephone support.

## Langley School District #35

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21812 48th Ave., Langley

 604-534-7891

 [sd35.bc.ca/earlylearning](https://sd35.bc.ca/earlylearning)

- StrongStart
- Ready, Set, Learn (3–5 years)
- Kinder Starts

## Lower Fraser Valley Aboriginal Society

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20865 56th Ave., Langley

 604-427-2664

 [lfvas.org](https://lfvas.org)

- Little Feathers Drop-in Playgroup
- Little Voices
- Indigenous Mother Goose
- Bringing Tradition Home  
Indigenous Parenting Program



## Health and Nutrition

### Langley Food Bank

5768 203 St., Langley

 604-533-0671

 [langleyfoodbank.com](http://langleyfoodbank.com)

- **Open for distribution:**  
**Monday, Wednesday and Friday** (10:00am–2:00pm)
- **Birthday closet for children up to age 12**

*Proof of address and Government issued ID required on first visit*

### Aldergrove Food Bank

27309 Fraser Hwy., Aldergrove

 604-857-1671

 [langleyfoodbank.com/aldergrove](http://langleyfoodbank.com/aldergrove)

- **Open for distribution:**  
**Tuesdays** (11:30am–2:00pm)

*Proof of address and Government issued ID required on first visit*





## Langley Public Health

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20389 Fraser Hwy., Langley

 604-539-2900

 [fraserhealth.ca](https://fraserhealth.ca)

- **Pregnancy and early motherhood care**
- **Immunizations**
- **Nutrition**
- **Dental**
- **Child development**
- **Hearing clinics**
- **Speech therapy**

## Sources Food Bank

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Unit 208 – 20445 62 Ave.,  
Langley

 604-531-8168

 [sourcesbc.ca](https://sourcesbc.ca)

- **Open for distribution:**
  - Wednesdays**  
(10:00am–3:00pm)
  - Thursdays**  
(10:00am–2:00pm)
- **On-site Advocate**  
(2x/month) to help with  
income assistance, disability,  
tenancy and housing





# Langley Early Years Hubs

## The importance of the Early Years

A child's experiences in the first 6 years of life affect their immediate and long-term development, and have a strong impact on their social and health-related outcomes later in life.

## All families have unique strengths and assets

Effective early years supports harness these strengths to increase families' protective factors and enhance family resiliency.

## Early Year Services are intended to achieve the following goals:

Support the well-being of children and families.

Provide barrier-free direct services for families, particularly those facing acute and chronic vulnerabilities.